

**WHI.4cd in a Nutshell**

	<b>Hinduism</b>	<b>Buddhism</b>
<b>Founder</b>	No one founder Developed out of the Vedic tradition	Siddhartha Gautama (Buddha)
<b>Where did the religion start?</b>	India	India
<b>What are the sacred writings or holy books?</b>	Vedas Upanishads Mahabharata and Ramayana (epic poems) Bhagavada Gita	Jatakas
<b>Monotheistic or Polytheistic?</b>	Polytheistic	Polytheistic
<b>Major Beliefs, Customs, and Traditions</b>	Monism Maya Reincarnation Dharma Karma Caste system Yoga Sacred cows	Karma Four Noble Truths Eightfold Path
<b>Is there a heaven? How do you get there?</b>	Heaven = <b>Yes</b> No Fulfill your dharma Have good karma Reincarnation into higher caste Eventually reach Nirvana	Heaven = <b>Yes</b> No Know the Four Noble Truths Follow the Eightfold Path
<b>How and where did this religion spread?</b>	Throughout India along trade routes	Spread throughout Asia to China Asoka sent missionaries, trade routes

**Directions:** Complete the following graphic organizers.

### The Four Noble Truths

